



HAPPY FAMILIES

DISCOUNT FOR CHILDREN



16

SPA AND FARM

A day to relax with your family: 4-hour entry at the Theia Thermal Pools, and visit to a Tuscan farm to see how local vegetables and fruit are cultivated, and where livestock is raised. Wrap up the visit with a taste of the farm produce: bruschetta with olive oil, seasonal vegetables, salami and cheese.

TOUR INCLUDES:

- Entrance to the Theia Thermal Pools (4 hours);
- Visit to an educational farm;
- Tasting of typical produce.

Duration: 6 hours
Hours: by appointment

Price for 2 participants: € 59 per adult

N.B. Children must be 3 years old or older to entry to the thermal pools.

17

A DAY BY MONTEPULCIANO LAKE

Guided walk along the Sentiero della Bonifica path, within the Natural Reserve of Montepulciano Lake, with a guided boat tour on a solar-powered Ecobattello boat. The Tour includes a picnic lunch: a sandwich with local salami and a glass of Rosso di Montepulciano DOC wine.

TOUR INCLUDES:

- Visit to the "Lake Memories" exhibition at the La Casetta visitor centre, featuring historical exhibits and information about the Nature Reserve;
- Walk along the Sentiero della Bonifica path;
- Guided boat tour on Montepulciano Lake on a solar-powered Ecobattello boat;
- Lunch break with a sandwich and a glass of Rosso di Montepulciano DOC wine.

Duration: around 3 hours
Time: 10 a.m.
Meeting point: "La Casetta" Centre - Montepulciano Lake

Price for 2 participants: € 20 per adult

N.B. Ecobattello boat Tour runs for a minimum of 10 participants

18

NATURE TRAIL: DISCOVER THE PREHISTORY OF THE VALDICHIANA SENESE

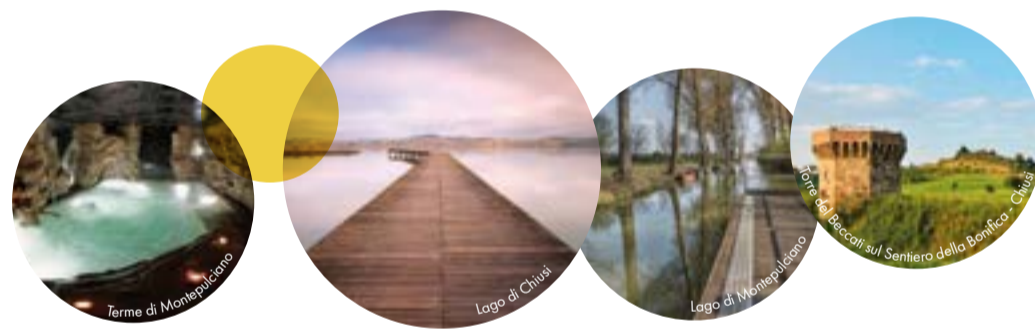
A day to spend with the family, exploring Monte Cetona and the local history of mankind. Visit the reconstruction of an early human settlement at the Belvedere Archaeodrome and the Monte Cetona Prehistory Museum, and wrap up the tour with a walk through the Belvedere Archaeology Park. Enjoy a picnic in the woods with the famous Cetona speciality bico (typical bread) with salami and cheese.

TOUR INCLUDES:

- Entrance to the Monte Cetona Prehistory Museum;
- Entrance to the Belvedere Archaeological Park and the Archaeodrome;
- Picnic in the Park with traditional Cetona bico bread.

Duration: 3 hours
Time: 10 a.m. or 3 p.m.
Departure point: Cetona

Adult price: € 17 per person



TOUR BY...



19

CARRIAGE TOUR THROUGH THE TUSCAN HILLS

Enjoy the Tuscan countryside from a vintage horse-drawn carriage: a coachman takes passengers along country lanes, regaling them with local tales and legends.

Wrap up your journey with a visit to a winery to taste the famous Vino Nobile di Montepulciano DOCG.

TOUR INCLUDES:

- Passeggiata in carrozza tra le colline toscane
- Degustazione di Vino Rosso di Montepulciano DOC e Vino Nobile di Montepulciano DOCG

Duration: 2 hours
Time: on request

Price per tour: € 85

SHOPPING



20

SHOPPING AL VALDICHIANA OUTLET VILLAGE

Treat yourself to a day dedicated to shopping at the Valdichiana Outlet Village: the One Day Card gives holders access to a wide range of discounts on top brands.

We'll sort out the transport, and book a table for a gourmet lunch in a local restaurant.

TOUR INCLUDES:

- Transport to and from the Valdichiana Outlet Village;
- Valdichiana Outlet Village One day CARD;
- Lunch with local produce.

Duration: around 4 hours
Time: on request
Departure point: Valdichiana Outlet Village

Price for 2 participants: € 99 per person

21

ITALIAN STYLE WITH A PERSONAL SHOPPER IN BOUTIQUE SHOPS

Tour designed to satisfy the needs of shopping, art, niche item and craft lovers.

A personal shopper guides participants through the narrow streets of the historical centres of the small towns of the Valdichiana Senese, taking your personal tastes into account, to discover unique shops, fine quality boutiques, and tailor-made items.

TOUR INCLUDES:

- Personal Shopper;
- Lunch with local produce.

Duration: 3 hours
Time: on request

Price: € 99 per person



VALDICHIANA LIVING



VALDICHIANALIVING
Incoming Travel Agency

CONTACT

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Valdichiana Living



Valdichiana Living is a project of Strada del Vino Nobile di Montepulciano e dei Sapori della Valdichiana Senese



STRADA DEL VINO NOBILE DI MONTEPULCIANO E DEI SAPORI DELLA VALDICHIANA SENESE



design: pangea-sal.it

NOTES

All Tours must be booked in advance.
All Tours are subject to availability of the services included.
The reservation is confirmed on payment, or on providing a credit card as a guarantee.
All tours require a minimum of two participants to be booked.
Prices for groups are available upon request.
Some tours are subject to weather conditions.
If not specified, the meeting point of the tour will be provided after booking.
Transfers are available on request for tours where a transport service is not included.
We are available to organise personalized Tours on request: contact us for more information.

CANCELLATION POLICY

Cancellations received between 6 and 4 days before Tour date: cancellation fee is 10% of the total Tour price.
Cancellations received 3 days before Tour date: cancellation fee is 20% of the total Tour price.
Cancellations received 2 days before Tour date: cancellation fee is 50% of the total Tour price.
Cancellations received 1 day before Tour date (including no show): cancellation fee is 100% of the total Tour price (amount paid is NOT REFUNDABLE).

WALKING



1

GUIDED WALK TO MONTEPULCIANO LAKE

3 KM

Guided walk along the Sentiero della Bonifica path, within the Montepulciano Lake Nature Reserve. Discover the history of the Valdichiana Senese, and learn about the local fauna. The walk ends with a picnic and Rosso di Montepulciano DOC wine tasting.

TOUR INCLUDES:

- 3 km guided walk along the Sentiero della Bonifica path;
- Visit to the "Lake Memories" exhibition at the La Casetta visitor centre, featuring historical exhibits and information about the Nature Reserve;
- Picnic lunch with a sandwich and a glass of Rosso di Montepulciano DOC.

Duration: around 3 hours
Time: 9:30 a.m. or 3:30 p.m.
Meeting Point: "La Casetta" Centre - Montepulciano Lake
N.B. Tour subject to weather conditions.

Price for 2 to 3 participants: **€ 39 per person**
Price from 4 to 8 participants: **€ 29 per person**
Price from 9 participants: **€ 19 per person**
Prices for groups on request.
Discounts for children under the age of 6.
Chance to take a boat trip on the lake with Ecobattello (€ 10.00 per person).

2

GUIDED WALK THROUGH THE VINEYARDS

3 KM

Guided walk through the Tuscan countryside along the wine trail, from the vineyards to the table. Discover fascinating places like the San Biagio Temple, delight in the unspoiled landscapes, and enjoy a glass of Vino Nobile di Montepulciano DOCG on a panoramic terrace at the end of the walk.

TOUR INCLUDES:

- 3 km guided walk;
- Visit a Montepulciano winery;
- Rosso di Montepulciano DOC and Vino Nobile di Montepulciano DOCG wine tasting;
- Transfer to Montepulciano by minibus.

Duration: about 2 hours
Time: 10:30 a.m. or 3:30 p.m.
Meeting Point: Piazza Grande n. 7 - Montepulciano
N.B. Tour subject to weather conditions.

Price for 2 participants: **€ 49 per person**
Price from 3 to 4 participants: **€ 39 per person**
Price from 5 to 6 participants: **€ 29 per person**
Price for groups on request.

3

WATER PATH IN SARTEANO

5 KM

Along the path there were 18 mills. Today two fascinating ruins are visible. There are 7 churches, probably built on the sites of pagan temples dedicated to the worship of water. Follow the path to the remains of an ancient Roman aqueduct, and on to the town of Sarteano along the beguiling "dark streets", walled Etruscan roads carved into the travertine stone.

TOUR INCLUDES:

- 5 km guided walk with hiking poles.

Duration: around 2 hours
Time: 10 a.m. or 3 p.m.
Meeting Point: Piazza Garibaldi, Sarteano
N.B. Tour subject to weather conditions.

Price for 2 participants: **€ 60 per person**
Price from 3 to 4 participants: **€ 45 per person**
Price from 5 to 6 participants: **€ 29 per person**

4

GUIDED WALK TOWARDS MONTICCHIELLO

8 KM

Guided walk in the countryside through olive groves, grazing lands and woods, with beautiful views of the landscape, along a path from Montepulciano towards Monticchiello. Final stop at a winery to taste the Vino Nobile di Montepulciano DOCG and typical local produce on a panoramic terrace.

TOUR INCLUDES:

- 8 km guided walk (medium difficulty);
- Guided visit to a Montepulciano winery;
- Rosso di Montepulciano DOC and Vino Nobile di Montepulciano DOCG wine tasting;
- Transfer to Montepulciano by minibus.

Duration: around 3 hours
Recommended departure time: 9:30 a.m. or 3:30 p.m.
Meeting Point: Piazza Grande n. 7 - Montepulciano
N.B. Tour subject to weather conditions

Price for 2 participants: **€ 89 per person**
Price from 3 to 4 participants: **€ 69 per person**
Price from 5 to 6 participants: **€ 49 per person**
Price for groups on request

5

HIKING ON MONTE CETONA

12 KM

Begin the guided walk from Fontevetrina village, on the slopes of Monte Cetona, following a path through the woods, to reach the large metal cross on the top of the Mountain (1,148 m). Enjoy the breath-taking view of the Valdichiana Senese. Before going back, have a picnic featuring a local speciality: Bico di Cetona, a type of bread, filled with Tuscan cheese and salami.

TOUR INCLUDES:

- Guided Walk (around 12 km) with hiking poles on Monte Cetona;
- Picnic with Bico di Cetona bread.

Duration: around 3 hours
Time: 10 a.m. or 3 p.m.
N.B. Tours subject to weather conditions.

Price for 2 participants: **€ 69 per person**
Price from 3 to 4 participants: **€ 59 per person**
Price from 5 to 6 participants: **€ 39 per person**

6

ARCHERY IN THE WOODS

Adventurous path in the woods alongside Salcheto creek, crossing rivers along dirt roads. Test your archery skills on models of the local wildlife as well as traditional targets along the way. Suitable for beginner or experienced archers.

TOUR INCLUDES:

- Guided walk in the wood
- Archery in a test field with pavilions and traditional targets, followed by a course featuring 12 life-size models of the local wildlife.

Duration: around 3 hours
Time: 10 a.m. or 4.30 p.m.
N.B. Tour subject to weather conditions.

Price: **€ 15 per person**
Possibility to add a Tuscan snack with salami and cheese
Price with snack included: **€ 30 per person** (min 2 - max 10 people)

BY BIKE



7

BIKE TOUR FROM CHIUSI LAKE TO MONTEPULCIANO LAKE

16 KM

Path suitable for everybody, experts or amateurs. A guide accompanies participants by bike along a cycle path immersed in nature. Ride through the countryside, from Chiusi Lake to Montepulciano Lake, along the banks of the Canale Maestro that winds through the fields and up to the "La Casetta" visitor centre.

TOUR INCLUDES:

- Guided ride with mountain bicycles (around 16 km);
- Bike rental includes helmet, repair kit and rubber storage bag;
- Pack lunch by the lake.

Duration: around 3 hours
Time: 10 a.m. or 3 p.m.
Meeting Point: Chiusi Lake
N.B. Tour subject to weather conditions.

Price for 2 participants: **€ 89 per person**
Price from 3 to 4 participants: **€ 69 per person**
Price from 5 to 6 participants: **€ 49 per person**

8

IN BICI SUL SENTIERO DEL NOBILE

18,2 KM

The path takes its name from the famous wine produced in the Montepulciano area. It winds through hills, vineyards, olive groves and farmland. The route starts from Piazza Sant'Agnes, just a few metres from Montepulciano's old town centre and passes in front of the Madonna della Querce church, through the Madonna del Cerro woods and on to Montepulciano Lake, along the Sentiero della Bonifica path. Enjoy a packed lunch with a sandwich and a glass of wine by the lake.

TOUR INCLUDES:

- Guided ride with mountain bicycles (around 18 Km);
- Bike rental includes helmet, repair kit and rubber storage bag;
- Pack lunch by the lake.

Duration: around 3 hours
Time: 10 a.m. or 3 p.m.
Meeting Point: Sant'Agnes, Montepulciano
N.B. Tour subject to weather conditions

Price for 2 participants: **€ 89 per person**
Price from 3 to 4 participants: **€ 69 per person**
Price from 5 to 6 participants: **€ 49 per person**

9

MONTE CETONA GUIDED WALK

32 KM

32 km circuit on the slopes of Monte Cetona. The route begins and ends in Sarteano, and takes in a wealth of areas of outstanding natural beauty and sites of great historic interest, including the beautiful town of San Casciano dei Bagni, the Belverde Archaeology Park, the town of Fonte Vetriana, and the Abbey of Spineto. This tour is recommended for experienced hikers.

TOUR INCLUDES:

- Guided walk on Mount Cetona;
- Bike rental includes helmet, repair kit and rubber storage bag.

Duration: 4 hours
Time: 10 a.m. or 3 p.m.
Meeting Point: Sarteano
N.B. Tour subject to weather conditions.

Price for 2 participants: **€ 89 per person**
Price from 3 to 4 participants: **€ 69 per person**
Price from 5 to 6 participants: **€ 49 per person**

HORSEBACK RIDING



10

HORSEBACK RIDING THROUGH THE TUSCAN COUNTRYSIDE

Experience the excitement of exploring the Tuscan countryside in the saddle of a horse: an experienced guide shows participants the must-see places and hidden corners of this fascinating territory, and recounts curiosities and legends related to local history. The tour includes a relaxing picnic in the woods.

TOUR INCLUDES:

- Horseback guided ride (10 km);
- Packed Lunch with sandwich and glass of wine.

Duration: 3 hours
Time: on request
Meeting point: Montepulciano
N.B. Tour subject to weather conditions.

Price for 2 participants (minimum): **€ 70 per person**

Price with a barbecue in the woods included: **€ 95 per person**



SPAS AND WELLNESS CENTRES



11

WELLNESS CENTRES IN MONTEPULCIANO

Relax at the Terme di Montepulciano Spa: let yourself be pampered with a relaxing massage, and discover the benefits of saline water in the "Moon Cave". Reactivate all your senses by following up your treatment with a gourmet tasting menu in Montepulciano's old town centre.

TOUR INCLUDES:

- "Moon Cave" relaxation treatment (20 mins) at the Terme di Montepulciano Spa;
- 1 Relaxing Massage with essential oils (25 mins);
- Relaxation area with aromatic herbal tea;
- Use of Terme di Montepulciano Spa kit, with bathrobe and slippers;
- Vino Nobile di Montepulciano DOCG wine tasting and tasting menu with local produce (cheese and salami) in a wine cellar in Montepulciano's old town centre.

Duration: 3 hours
Time: on request

Price: **€ 87 per person**

12

SWEET EMOTIONS (RECOMMENDED FOR COUPLES)

Treat yourself and your sweetheart at the Terme di Montepulciano Spa. Enjoy the benefits of a long massage, and delight in a saline water treatment in the Moon Cave. Wrap up the experience with a tasting menu featuring local specialties in a Montepulciano wine cellar.

TOUR INCLUDES:

- Relaxing "Moon Cave" treatment (20 mins) at the Terme di Montepulciano Spa;
- 1 Relaxing Massage with essential oils (50 mins);
- 1 Anti-stress massage (50 mins);
- Relaxing aromatic herbal tea;
- Use of the Terme di Montepulciano Spa kit, with bathrobe and slippers;
- Vino Nobile di Montepulciano DOCG wine tasting and tasting menu with local produce.

Duration: around 3 hours
Time: on request

Price: **€ 199 per couple**

13

FIVE SENSES TOUR IN CHIANCIANO TERME

Reactivate all your senses with the 20 wonders of the Terme Sensoriali Spa in Chianciano Terme: wellness treatments include sauna, Turkish bath, swimming pools with Jacuzzi, colour therapy, emotional showers, Kneipp path and many more - take a well-earned break from the stresses of everyday life.

At the end of the treatment enjoy a meal with local specialties in a selected restaurant.

TOUR INCLUDES:

- Admission to the Sensory Spa with its 20 wonders (3.5 hours);
- Admission includes Spa Kit: bathrobe, towel, Shampoo, Shower Gel, and Body Cream;
- Lunch or dinner with Tuscan menu.

Duration: 5 hours
Time: on request

Price: **€ 82 per person**

14

THERMAL POOLS AND THE VINO NOBILE

The remarkable Theia Pools in Chianciano Terme are made up of 4 outdoor and 3 indoor pools, for a total of 500 square metres of spas. All the pools are connected and fed by thermal hot water. After enjoying the spas, visit a winery in Montepulciano and taste the wines, including the acclaimed Vino Nobile di Montepulciano. Wrap up an unforgettable day with a romantic dinner at a traditional local restaurant.

TOUR INCLUDES:

- Admission to the Theia Thermal Pools (4 hours);
- Visit a Montepulciano winery and taste the Vino Nobile di Montepulciano DOCG;
- Dinner with Tuscan menu.

Duration: 6 hours
Time: on request
Departure point: by arrangement

Price: **€ 59 per person**

15

SPA AND FLAVOURS IN SAN CASCIANO DEI BAGNI

A tour for wellness and taste lovers, set in the Tuscan countryside. Experience the Spa Fonteverde in San Casciano dei Bagni, which a thermal pool with waterfall and whirlpool, sauna, hot plate and Turkish bath, and hydrotherapy path with 22 different types of hydromassage.

After the treatment, taste truffles and the typical cinta senese salami in a selected restaurant.

TOUR INCLUDES:

- Fonteverde Spa Entrance (4 hours);
- Lunch or dinner with truffles and typical Cinta Senese salami.

Duration: around 5 hours
Time: on request

Price: **€ 119 per person**